

2nd & 4th Mondays every month

Time: 7— 8: 30 pm.



Support Group for Teens

Encinitas Community Center

1140 Oakcrest Park Drive

Encinitas, CA 92024



Karen Blankenship facilitates this new group for teens. She is an MFT Intern and is also a survivor, having lost her father to suicide when she was just 11 years old. Karen has years of experience counseling teens and conducting bereavement support groups.



Support group for teens who have lost a family member or friend to suicide. Group sessions consist of conversation, memorial activities, art, learning coping tools, writing and other activities to help teens support each other

Questions? Call 619-482-0297

Email info@yosolsd.org

There is an ongoing group for adults at the same location and the same time in Room 116

